

#IMAGINE

The IMAGINE Toolkit

15 Prompts to Turn 'I'm Bored' Into Creative Thinking

Not a list of activities — 15 open-ended prompts that require no materials, no adult involvement, and no screen. Just a mind with space to wander.

Ages 4–7

- › Design a house that can move. How does it travel?
- › Invent a new color that doesn't exist yet. What is it called and where would you see it?
- › If animals could talk, which one would have the most interesting things to say?
- › Build the perfect treehouse in your head. Describe every room.
- › You found a door in the backyard that wasn't there yesterday. What's behind it?
- › Invent a food that tastes like your favorite day of the week.
- › Create a sport that nobody has played yet. What are the rules?

Ages 8–12

- › You can redesign one room in your school. What do you change and why?
- › Write the opening sentence of a book you'd actually want to read.
- › If you had to explain what kindness is to someone who had never experienced it, what would you say?
- › Design a city where kids have the same voting power as adults. What changes?
- › You can give one skill to every 10-year-old on the planet. What do you choose?
- › Invent a machine that solves a problem nobody has invented a solution for yet.
- › You're writing a letter to yourself to be opened in 20 years. What's the most important thing to say?
- › You find a notebook that predicts small, boring things. What's the most useful prediction?

A note for parents: When your child says 'I'm bored,' resist the urge to solve it. Boredom is not a problem — it's the starting condition for imagination. The best response is: 'Great. What are you going to do with that?' Then leave the room.



¿QUIERES PROFUNDIZAR?

Este recurso es solo una muestra de las herramientas del libro *El Pequeño Estoico*. Cuentos y actividades que enseñan a los niños a ser fuertes, tranquilos y sabios. Filosofía estoica, inteligencia emocional y crianza consciente para niños de 5 a 12 años — todo en historias bellamente ilustradas.

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